**ME Awareness Week**

**11-17 May 2016**

ME - much more than fatigue!

Did you know?

The World Health Organisation classifies ME as a neurological condition at

 [ICD-10 G93.3](http://apps.who.int/classifications/apps/icd/icd10online/index.htm?gg90.htm)

[**Diagnosis & management of ME-CFS: some key issues at a glance**](http://wames.org.uk/cms-english/wp-content/uploads/2010/09/Diagnosis-management-of-ME-CFS-some-key-issues-May-2016.docx)

[**WAMES flyer**](http://wames.org.uk/cms-english/wp-content/uploads/2016/05/wamesleaflet2015.pdf) **– charity offering information and support to patients, carers and professionals**

**Get updated:**

* [IiME International Research Conference](http://www.investinme.eu/IIMEC11.shtml) 3 June 2016 CPD accredited
* [UKCMRC conference](https://www.actionforme.org.uk/resources/questions-and-answers/2016-cmrc-conference/) 28-29 Sep 2016
* [Cure ME – International Research News mailing list](http://www.meresearch.org.uk/news/welcome-to-cureme/)
* [The ME brain: an introduction from WAMES](http://wames.org.uk/cms-english/about-us/our-publications/info-sheets/)

**Get involved with the Welsh Government Initiative to improve services for ME-CFS and FM in your area:**

* [Task & Finish Group report](http://wames.org.uk/cms-english/wp-content/uploads/2014/10/me_cfs-task-and-finish-group-report-and-recommendations-aug-2014.pdf)
* Contact Jan Russell for information about Health Board clinical leads and stakeholder groups jan@wames.org.uk

[**Patient stories**](http://wames.org.uk/cms-english/me-stories/)

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