**Template email for MS (Severe ME) July 2025**

Dear (MS’ name)

If you are in the Senedd next **Tuesday, 15th July**, please drop into **Y Farchnad** and visit the stall of **Severe ME Difrifol Cymru**.

This would mean a lot to me, as your constituent, and as a person with Severe ME (or as a carer for….who has Severe ME).

(If you were severely affected and have improved, please still write. Briefly just mention if there have been difficulties getting noticed by services, getting diagnosis, care etc, if appropriate, and if you have time/ energy.)

Thank you.

Yours sincerely

(Your name)

(Your address)

*(N.B. It’s important to include your address because it confirms that you are a constituent.)*